



# Caring for Carers

When your loved one is in hospital

## Bridgend Carers Centre Hospital Carers Support Worker

The Hospital Carers Support Worker, **Erica** aims to provide early identification of unpaid carers when they are facing the most challenging times, during hospital admission and discharge.

Erica is there to offer information, help and advice and guide you through your caring journey, offering support when you need it most.



Erica, our Hospital Carers Support Worker, can provide advice, information and support contact her on:

01656 658479  
07876 872236



Ariennir gan  
Lywodraeth Cymru  
Funded by  
Welsh Government



**Bridgend Carers Centre:**  
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Charity Number 1125921



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