



**CARERS
TRUST**
WALES

CARERS SUPPORT GROUP

Help and support for unpaid carers of all ages.

Held in a welcoming and safe space at Dyffryn Chapel, Bedw Street, Caerau, Maesteg, CF34 0TF.

Dates:

Monday 9th September: 10am - 12pm

Monday 7th October: 10am - 12pm

Monday 4th November: 10am - 12pm

Monday 2nd December: 10am - 12pm



Call Kay for more info:

 01656 658479

 07932 327768